

Medications at School Parent Guidance

(Effective beginning 25-26 school year)

The following must be followed for the school nurse or an unlicensed medication-trained assistant to administer medications during school hours, field trips, and school-sponsored activities outside of school hours.

1. All Prescription and Over-the-Counter (OTC) medications must be delivered to the nurse's office by the parent or guardian. Students should never have any medications on their person such as in purses, backpacks, or lunch boxes unless permission is granted by the healthcare provider and the school nurse.
2. Over-the-counter (OTC) medication must be in the original, unopened container from the manufacturer and not expired. OTC medications will only be administered for 2 weeks unless a healthcare provider has completed a Prescriber/Parent Authorization (PPA). All OTC medications that contain salicylates or dosing that exceeds the manufacturer's guidelines must have the PPA signed by a healthcare provider.
3. All prescription medication must have the pharmacy label attached, not expired, and a PPA completed by a healthcare provider.
4. Sunscreen: Students may carry and apply sunscreen without a PPA. If a school employee is asked to apply sunscreen, a parent must complete the PPA before the employee applies. A healthcare provider's signature is not required.
5. Food supplements, natural substances, and herbs are not without potential harm, including life-threatening conditions. Herbal products and dietary supplements have not been subject to the approval of the Food and Drug Administration (FDA). School personnel will not give any substance that could be considered a drug or medication, including natural remedies, herbs, and nutritional supplements, without a PPA signed by a healthcare provider.
6. Controlled Substances: They must be counted upon receipt and when returned to the parent. After the medication count is complete, a parent and medication-trained assistant or school nurse signature is required. The quantity of controlled medications to be received is limited to a 30-day supply.
7. All medications must be given by the school nurse, or an unlicensed medication-trained assistant who has completed the medication training curriculum provided by the Alabama Board of Nursing and the Alabama State Department of Education.
8. Any medications remaining at school past the last day will be discarded.
9. Students with an inhaler and/or Epi-pen in the health room attending after-school care must provide a second dose to after-school care unless the healthcare provider indicates the medication can be self-carry. Medication kept in the nurse's office during the school day will not be sent to after-school care.

10/29/2025